

# Through the years... Celebrating 50 Years of Care

### 1976:

### Foundation of Compassionate Care – looking after Great Grandma Lee

Woodlands opens in Fleet,
 Hampshire. Gill Lee's Grandmother needed care, Gill, a SRN, offered care to her great aunt and a paying resident. Woodlands was offering



high-quality care, the care was revolutionary and Gill quickly gained a reputation for excellence in care, creating a homely and welcoming environment.

## **1986:** Expansion into

# Expansion into Ewshot, Surrey

Geoff, Gill's husband supports
 Gill to open Hill Brow care
 home, 29 large en-suite rooms,
 was the first purpose designed



### 1998:

## Alison Lee (RGN BSc) Takes the Lead

- Gill's daughter Alison brings her knowledge from working in the NHS, her first act is to develop the team for the next generation of care. This meant low staff turnover, the team bolstered in their skills. The most important enhancement, was the belief that permanent, regular staff, provide the best care.
- In 2005 she was joined by her husband Gabriel Martinez. History repeats itself, with husband and wife working together.







### 2011:

## Nursing Care and the Building of Hill House

 As the demand for nursing and dementia care increases, Hill House opened with the ethos to only have permanent, skilled staff. This was



for elderly residents with more complex health needs and was built by the people who gave the care and had the knowledge.

### 2018:

### The Development of Farnham Mill

 A beautiful purpose built, energy efficient home that offers all types of dementia and nursing care. With beautiful spacious lounges and dining areas with light airy bedrooms with floor to ceiling windows.



### **2020s:**

### A Legacy of Excellence

Alison and Gabriel's children Ben and Anna have both worked in the homes from their early teens. They look forward to being part of the homes when their parents retire.







# Dear Prospective Residents and Families,

Our family-run business has been dedicated to providing exceptional nursing, dementia and residential care for the elderly for over 50 years, and it remains our passion and commitment to ensure that all of our residents are happy and receive the highest standard of care and attention.

Residents and families often ask what is different about our homes.

You will see Gabriel and I visiting the homes daily, we love what we do. Longevity of providing and leading exceptional elderly care locally. We may not be in a position to change the world, but we are in a position to share our hearts and knowledge to provide outstanding care.

There is no secret to loving life, it is surrounding yourself with people who feel the same way. If you have a highly skilled permanent team who believe in happiness, watching one of your residents laugh to their stomach or smile from ear to ear, this makes our job the best job in the world.

# Our Promise to You

As we look to the future, we are proud of the legacy of care that our homes represent. Our ethos remains simple: high-quality, personalised care delivered by a team of dedicated, well-trained professionals who genuinely care for the wellbeing of every resident. With over five decades of experience, we are more committed than ever to providing your loved ones with the best possible care in a homely and supportive environment.

If you are considering one of our homes for your loved one, we would be delighted to show you around and discuss how we can support you and your family.

Warm regards,





# Delicious, Personalised Dining

At our homes, we understand that good nutrition is key to our residents' wellbeing, and mealtimes should be a positive, enjoyable part of their day. We prioritise flexibility and take the time to understand each resident's individual tastes and dietary needs. A variety of beverages are also on offer, so residents can enjoy their favourite tipple of choice. Whether it's a favourite dish or a specific dietary requirement, we make sure our residents feel at home with the meals and drinks we serve.





Our chefs are highly trained, preparing fresh, home-cooked meals daily, from locally sourced and seasonal food. Our varied four-week menu offers a range of options to ensure everyone's preferences are met. We also make sure to have alternatives readily available, catering to different dietary needs such as low-salt, vegetarian, or gluten-free diets. We value the feedback of our residents, regularly checking in with them to ensure we're continuing to provide meals they enjoy and that meet their personal needs.

Mealtimes are not only about nourishment – they're an opportunity to connect and enjoy each other's company. Our dining rooms provide a warm, social setting, but if residents prefer a quieter experience, they can choose to eat in their rooms or even take their meal outside in our beautiful garden, when the weather is nice.

We also invite relatives to share meals with their loved ones, offering the chance to enjoy quality time together. If there's a special occasion to celebrate, we'll help make it memorable with personalised touches to mark the event.



# Our Dedicated Team

We believe that a truly great care home is built on the strength of its team. That's why we carefully recruit each member of our staff to ensure that compassion and dedication are at the core of everything they do for our residents. In fact, we involve our residents in the recruitment process by having them sit on interview panels, allowing them to play an active role in choosing those who will care for them.

We pride ourselves on not using agency staff. By maintaining a consistent, familiar team, we create personalised care that fosters meaningful relationships with each resident. This consistency enables us to understand the individual preferences and needs of every resident, ensuring they feel valued and respected.

We also place great importance on family communication. By having the same team working closely with both residents and their families, we can ensure that everyone is well-informed and involved in creating the best possible care plan.

Our in-house, face to face, on the job training, ensures our staff are highly skilled and confident in delivering top-quality care, to our excellent standards. Our team brings a wealth of professional experience in areas like nursing care, dementia care, end-of-life care, and much more, enabling us to support residents with a wide range of needs.

"Our staff are highly skilled in delivering top-quality care."

# **Engaging Activities**

We believe that every day in our homes should be fulfilling, which is why we have a dedicated team to organise a variety of activities that cater to all interests. With activities scheduled every day of the week, both morning, afternoon and evening, each week features a fresh theme that brings new experiences and outings to look forward to.

Every day we do a physical, mental, social and environmental activity, this helps reduce loneliness, falls, hospital admissions and slows mental decline.

By getting to know each resident's past and present hobbies and interests, we ensure that our activities are not only enjoyable, but meaningful. This helps us choose the right entertainers and organise outings to places that resonate with our residents. While providing care is our priority, we also recognise the importance of sensory and mental stimulation.

Whether it's quizzes, baking sessions, canal boat trips, or simply sharing a cup of tea and a good conversation, every resident has the opportunity to stay active, engaged, and feel a strong sense of purpose and belonging within our community.

# Choosing the Right Care Home

Choosing a nursing, residential, or dementia care home for a loved one is one of the most important decisions you'll make. It's vital to find a place that not only delivers high-quality care but also offers a warm, supportive environment for both residents and families.

This decision can feel overwhelming, with many factors to consider — such as the level of care required, the home's facilities, staff experience and consistency, and overall atmosphere.

### Why Choose a Family-Run Care Home?

Family-run homes offer unique advantages over large corporate-run facilities. With a more personal, intimate setting, owners and staff often build close relationships with residents. At our homes, Alison and Gabriel are actively involved in daily operations, ensuring swift responses to issues and consistently high standards of care.

Being present every day allows them to know each resident personally, and maintain a warm, close-knit environment. With a permanent, well-trained team—no agency staff—you can be confident your loved one is in caring, capable hands.

### Our Approach to Care

We work closely with you to create a personalised care plan, guided by our ethos of celebrating life. We strive to provide the right balance of independence and support, recognising that while no one wants to need a care home, happiness and quality of life remain our ultimate goals.

Many families tell us that what stands out most is the feeling when they walk through our doors—it's warm, welcoming, and happy.



### **Types of Care We Offer**

#### Residential Care

Offered at Woodlands (Fleet) and Hill Brow (Ewshot, Farnham), our residential homes provide a homely environment for those needing help with personal care, mild dementia, or companionship. A full programme of daily activities, home-cooked meals, laundry, weekly GP visits, physiotherapy, chiropody, and newspapers are included. Residents are encouraged to stay active and independent with the reassurance of support always nearby.

#### Respite and Rehabilitation

Available at all homes, depending on the level of care required. Respite offers short-term relief for carers, while rehabilitation includes personalised physiotherapy, daily activities, and good nutrition to support recovery. Whether in a nursing or residential setting, care is adjusted to individual needs.

### Nursing Care

Provided at Hill House (Ewshot) and Farnham Mill (Farnham), this is ideal for those with more complex medical, physical, or mental health needs, including palliative care. With 24-hour qualified nursing and double the number of carers (compared to residential homes). Our nursing homes also include weekly GP surgeries, physiotherapy, chiropody, daily activities, and companionship.



## Woodlands

Woodlands is where our journey started, our reputation is renowned within the local community of Fleet. Woodlands has 39 individually styled private en-suite rooms, each with their own character.

The gardens at Woodlands are an opportunity not just to walk around on safe winding paths through bluebell woods, but also the flowers, ponds and birds keep the residents talking. Most of the ground floor rooms have patios and doors which open straight onto the garden.

Woodlands has expanded over the years, providing the residents with a choice of three different lounges and two dining areas, including a nail bar and hair salon on site. Our three lifts enable the residents to move around Woodlands with ease, whether they are looking to join in with the daily and evening activities or join their friends in the courtyard for afternoon tea.









Hill Brow

Hill Brow Residential Care Home (Ewshot) is small and personal, it has 29 en-suite unique private rooms. It offers residents a tranquil outlook onto our gardens and pond filled with beautiful foot-long Koi Carp.

Our ground floor rooms offer patio access leading to the beautifully kept garden paths that wrap around the home.

The home benefits from a bright expansive garden room, which provides a perfect space for residents to look out onto the gardens. Here they can take part in group activities, including their weekly physio, dine or enjoy tea comfortably and privately - with loved ones and friends.

We have a further double aspect lounge and large TV lounge for larger groups.

Staying connected with family and friends is important, that's why we offer Wi-Fi. BT offer phone lines in both our residential homes, or residents can use the free Wi-Fi to call loved ones. Our residents and relatives often tell us Hill Brow feels like their 'home away from home', as the smallest of our homes and with three past generations of Alison's family having stayed at Hill Brow, we strive to uphold our family values and look forward to welcoming you.





## Hill House

Hill House was purposefully built on the firm foundations set by the Lee family. Hill House has been lovingly designed, with 56 large and bright en-suite shower rooms, multiple assisted care bathrooms where residents can indulge in a relaxing spa bath and underfloor heating throughout. Hill House can offer accommodation in our 'Garden View' or 'Hill View' areas of the home, the nursing team are highly skilled and experienced to be able to advise you based on individual and compassionate assessments, which accommodation is better placed to suit your care needs. With six different lounges, spacious hallways with comfortable areas to sit privately, or a coffee bar to choose from. The three lifts to ensure easy access, residents are spoilt for choice.

Hill House is a celebration for the senses, with over 400 individual pieces of art, wall murals to support the residents to orientate themselves around the home, and a library to explore. The modern atriums allow natural light to flood into the home, indoor greenhouse and creates multiple viewing points for the residents. Cleverly designed pathways surround the home, so all residents regardless of needs can enjoy and benefit from fresh air and walks in the sensory gardens. From the moment you enter Hill House, you are immersed into the heart of the home, welcomed by our front of house team, who are happy and ready to help.





## Farnham Mill

Farnham Mill proudly specialises in nursing and dementia care, offering 60 spacious en-suite bedrooms split over three floors, all benefitting from floor to ceiling windows and underfloor heating throughout. The patio-doored ground floor rooms offer private access to either the mill pond, or peaceful gardens or courtyards, whilst other rooms have a view of the flourishing plants and wildlife. The large mill pond, streams and pier enables residents to escape into a tranquil setting, specially designed and landscaped with accessibility in mind. The pathways are wide enough to accommodate bed access, so regardless of mobility all our residents can enjoy fresh air by the garden mill pond, whilst being surrounded by nature. Farnham Mill is home to a variety of resident ducks, geese, hens and fish, visiting deer and our life size 'famous blue spotted Rhino' donated by a resident, never failing to put a smile on your face.

State-of-the-art facilities and equipment feature throughout the home from, call bell systems, large bed lifts, filtered air conditioning, spa bathrooms for relaxing bubble baths, beauty and hair salon, to variable hoisting aids. As well as the beautiful expansive outdoor space, residents enjoy their time in one of the nine lounges, four dining areas, dedicated activity room, under cover patios or immense balcony overlooking the mill pond. Residents can part take in mini golf on the putting green or relax with their morning paper.

Hosting an array of hospitality events annually, residents love inviting their family and guests to share in their fun in their home, as they would have always done. The spring and summer months especially, see residents relaxing on the pier with friends, sharing in the delights of afternoon tea.







### Woodlands | Hill Brow | Hill House | Farnham Mill

### RESIDENTIAL, NURSING & DEMENTIA HOMES

#### What's included in the fees?

- Room with en-suite facilities
- Daily laundry and housekeeping
- All meals including a variety of alcoholic beverages
- Chiropodist
- Weekly physiotherapy
- Weekly trips and daily activities
- Weekly GP visit within the homes
- Newspapers
- TV Licence
- WI-FI
- Annual events
- On site parking
- Resident Pet Therapy dog, visiting farms and small animals
- Rooms are furnished including a TV, however you are welcome to bring your own furnishings

#### What's not included in the fees?

- Hairdresser
- Personal phone lines within the two residential homes
- Toiletries
- Hill Brow Residential Care Home
  Beacon Hill Road
  Ewshot
  Farnham, GU10 5DB
- Hill House Nursing
  and Dementia Home
  Beacon Hill Road
  Ewshot, Farnham, GU10 5DB

- Woodlands Residential Care Home
  174-178 Reading Road South
  Church Crookham
  Fleet, GU52 6AE
- Farnham Mill Nursing and Dementia Home Farnham Mill Lane Farnham, GU9 9FN

All enquiries, telephone: **01252 850 236** email: **enquiries@woodlands-hillbrow.co.uk** 



